

## **Sponsors:**

Office of Mayor Joines/City of Winston-Salem Forsyth County Aging Services Planning Committee

## **Program of Events**

10:20	Welcome, Mayor Allen Joines
10:30	"Coping with Stress", Andy Hagler, Mental Health Association
10:55	<b>"Job Link Career Center: REACT Services"</b> Paulette Stokes, Job Link Career Center
11:20	"Medicare Identity TheftWhat's In Your Wallet?" Stephanie Bias, NC SMP Program, NC Dept. of Insurance
11:45	"Coupon Saving", Carmen Palmer
12:10	"Free and Low Cost Medicine for the Underinsured and Low-Income Uninsured", Christina Froelich, NC Association of Free Clinics
12:35	"Budgeting for Retirement", Debbie Hall, Senior Financial Care
1:00	<b>"Legal Protections for People in Debt"</b> Brandon Ramsey, WFU Elder Law Clinic
1:25	<b>"Weatherization Assistance Program"</b> Amanda Lee, Regional Consolidated Services
1:50	"Medicare Prescription Drug Programs and Assistance" Andi Reese, Senior Services, Inc. Sam Matthews, The Shepherd's Center of Greater Winston-Salem
2:15	"Outsmarting Investment Fraud", Diane Manzi/Pat Morris, AARP
2:40	"Budgeting for the Family"  Deborah Womak NC Cooperative Extension

## **Community Resource Booths**

## 10:00am - 3:00pm Community Resource Booths Open

North Carolina Association of Free Clinics AARP Angel Food Ministries/Goler Metropolitan North Carolina Cooperative Extension Svs. AME Church NC SMP Program, Seniors' Health Better Business Bureau's Education Alliance Insurance Information Program, NC Dept. (Scambusters Club) of Insurance Cancer Services Northwest Piedmont Area Agency on Aging CenterPoint Human Services Center for Home Ownership Professional in Transition Crisis Control Ministry Department of Social Services, Adult Services, Regional Consolidated Services /

Weatherization Program

Department of Social Services, Food Stamps Senior Financial Care

Department of Social Services, Medicaid Senior Services, Inc.

Forsyth County Aging Services Planning

Committee

Therapeutic Alternatives, Inc.

(Geriatric Adult Specialty Team)

Forsyth County Department of Public Health The Shepherd's Center of Kernersville

Forsyth County Public Library

The Shepherd's Center of Greater
Winston-Salem

Geriatric Psychiatry Outreach (GO) Program of WFUBMC Trans Aid / Winston-Salem Transit

Authority
Goodwill Industries of
Northwest North Carolina

Wake Forest University Elder Law Clinic

LegalAid of North Carolina Winston-Salem Urban League

Mental Health Association

including If Only

